RECESS/LUNCHROOM GUIDELINES



Lake Country School is committed to giving all students the opportunity for safe play and an enjoyable recess.

RECESS PROCEDURES AND RULES

- Students are to take their outdoor wear with them when going to recess.
- Students are not to take food or beverages onto the playground.
- Students are to remain on the school grounds at all times.
- Students should have proper attire for the seasons. Per policy, appropriate outerwear should be worn in inclement weather. Students go outside for recess unless the weather is severe.
- Students are not to re-enter the school until the teacher or the recess aide has dismissed students, except in an emergency situation.
- Good language and sportsmanship must be observed.
- No toys from home outside for recess.
- Return all balls used during recess to the ball rack prior to lining up to go inside for lunch.
- Do not play on top of the slides or other other equipment (meaning the outside of the slide).
- Go down the slides, do not not climb up them.
- Walk behind the swings not in front.
- No more than 8 students may be in the Gaga Pit at one time.
- If you skip in line, you will need to go to the back of the line.
- No throwing snow.

CAFETORIUM/LUNCH CONDUCT AND RULES

- Students should use a level 2 volume when talking. Level 2 is TABLE TALK, a normal conversation voice that 2-3 people may hear.
- All food and beverages are to be eaten in the cafetorium.
- Students will have assigned areas/tables where they will eat their lunch.
- Students should remain at their lunch table and will be dismissed one table at a time by a supervisor.
- Students are responsible for the cleanliness around their area.
- Students are not allowed to litter or throw food, paper, etc.
- If a student needs help or has questions, the student should raise a hand and one of the supervisors will respond.
- Kitchen equipment will only be operated by a staff member.
- Students may throw garbage away at the end of lunch period.
- One student per table may use the restroom.

INDOOR RECESS GUIDELINES

Indoor recess will occur when

- there is steady rain;
- there is lightning;
- there is a severe thunderstorm warning;
- there is a tornado warning;
- the NOAA National Weather Service Wind Chill Chart reads frostbite at 30 minutes or less;
- the NOAA National Weather Service Heat Index is listed at Danger or above; and/or
- there is a dangerous threat in the area.



								Temperature (°F)											
	Calm	40	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45
	5	36	31	25	19	13	7	1	-5	-11	-16	-22	-28	-34	-40	-46	-52	-57	-63
	10	34	27	21	15	9	3	-4	-10	-16	-22	-28	-35	-41	-47	-53	-59	-66	-72
	15	32	25	19	13	6	0	-7	-13	-19	-26	-32	-39	-45	-51	-58	-64	-71	-77
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(hqm)	30	28	22	15	8	1	-5	-12	-19	-26	-33	-39	-46	-53	-60	-67	-73	-80	-87
Wind		28	21	14	7	0	-7	-14	-21	-27	-34	-41	-48	-55	-62	-69	-76	-82	-89
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	50	26	19	12	4	-3	-10	-17	-24	-31	-38	-45	-52	-60	-67	-74	-81	-88	-95
	55	25	18	11	4	-3	-11	-18	-25	-32	-39	-46	-54	-61	-68	-75	-82	-89	-97
	60	25	17	10	3	-4	-11	-19	-26	-33	-40	-48	-55	-62	-69	-76	-84	-91	-98
	Frostbite Times 30 minutes 10 minutes 5 minutes																		
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NWS Heat Index Temperature (°F)																	
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	40	80	81	83	85	88	91	94	97	101	105	109	114	119	124	130	136
	45	80	82	84	87	89	93	96	100	104	109	114	119	124	130	137	
(%)	50	81	83	85	88	91	95	99	103	108	113	118	124	131	137		
Humidity (%)	55	81	84	86	89	93	97	101	106	112	117	124	130	137			
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Relative	80	84	89	94	100	106	113	121	129								
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